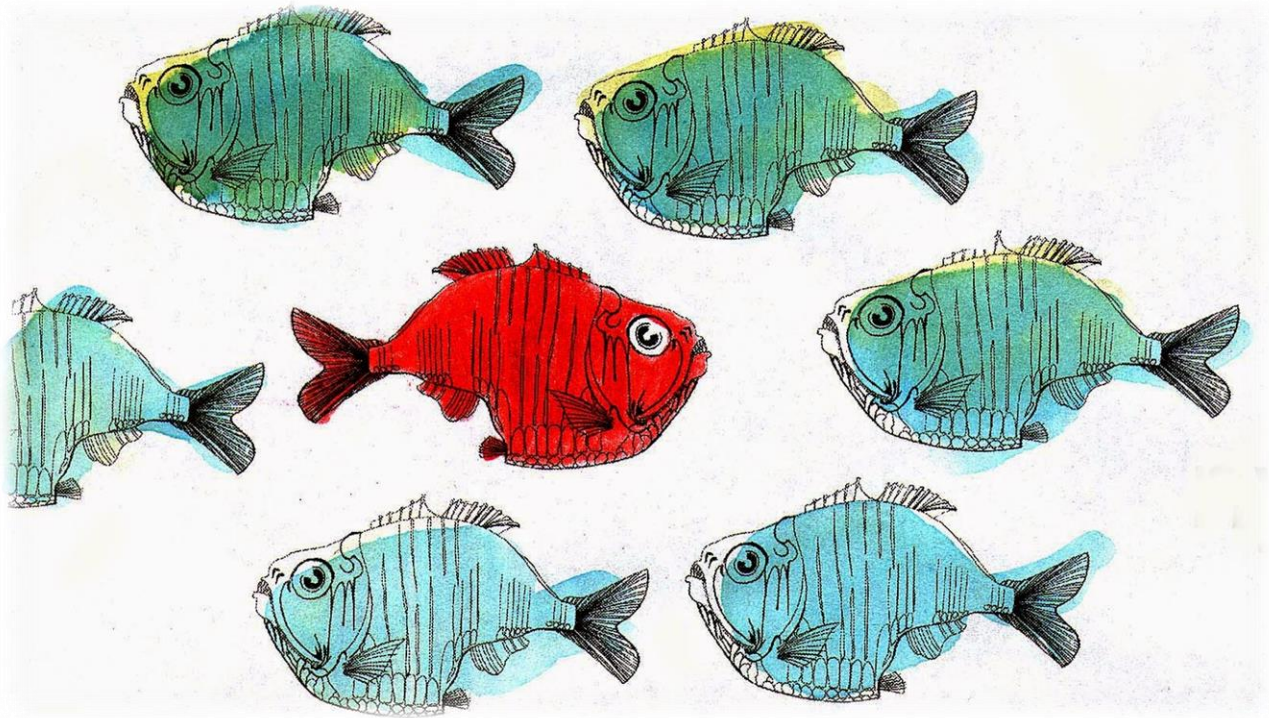


Just opposite!

Ignatian tips for better living in corona time



Nikolaas Sintobin sj

I. Three basic rules

1. The importance of listening

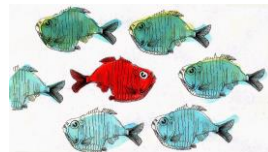


I. Three basis rules

1. The importance of listening

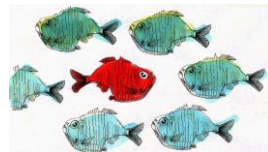


2. Priority to positive feelings



I. Three basis rules

1. The importance of listening
2. Priority to positive feelings
3. Caution with negative feelings

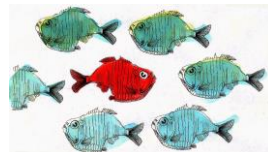


II. Agere Contra

seven suggestions



1. The Lucifer principle

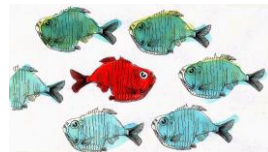


II. Agere Contra

seven suggestions

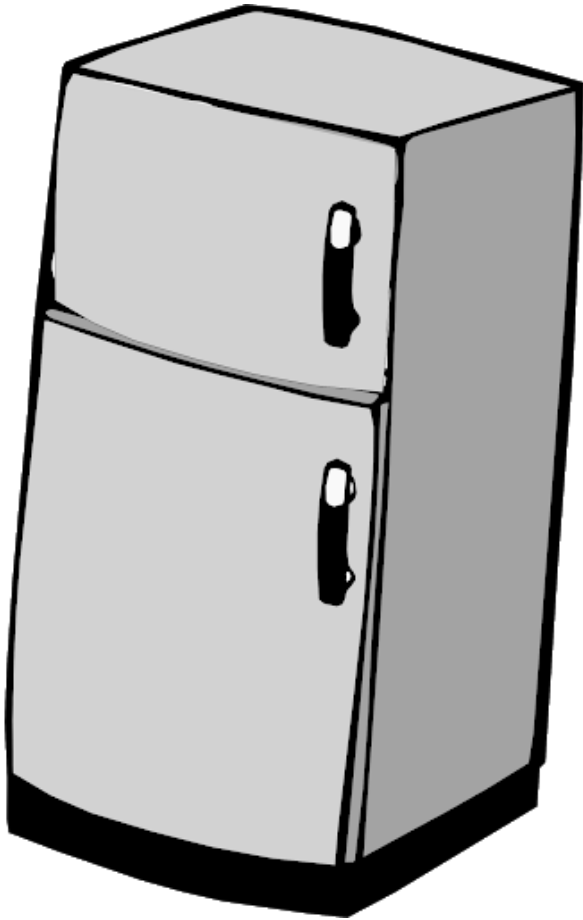


1. The Lucifer principle
2. Positive *feelings* \Leftrightarrow *ideas*

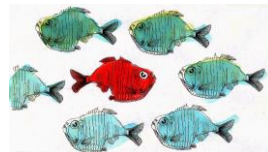


II. Agere Contra

seven suggestions

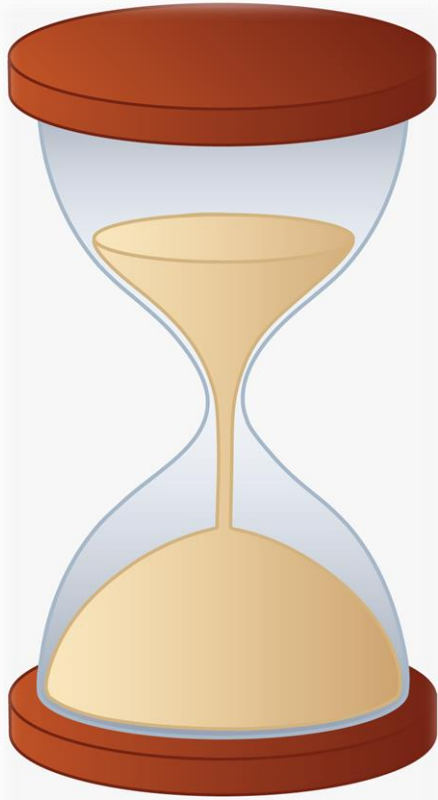


1. The Lucifer principle
2. Positive *feelings* \Leftrightarrow *ideas*
3. The fridge principle

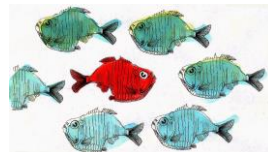


II. Agere Contra

seven suggestions



1. The Lucifer principle
2. Positive *feelings* \Leftrightarrow *ideas*
3. The fridge principle
4. Not less but more prayer

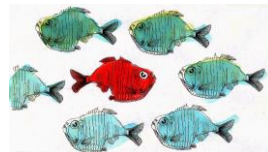


II. Agere Contra

seven suggestions



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4. Not less but more prayer
5. Don't shut up but speak

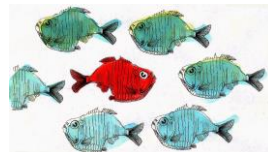


II. Agere Contra

seven suggestions



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6. Choose patience

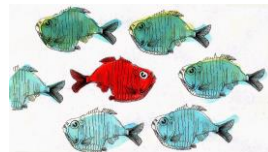


II. Agere Contra

seven suggestions



1. The Lucifer principle
2. Positive *feelings* \Leftrightarrow *ideas*
3. The fridge principle
4. Not less but more prayer
5. Don't shut up but speak
6. Choose patience
7. Taking the initiative yourself



III. Nothing new under the sun

1. Experience
2. Structure, order and clarity

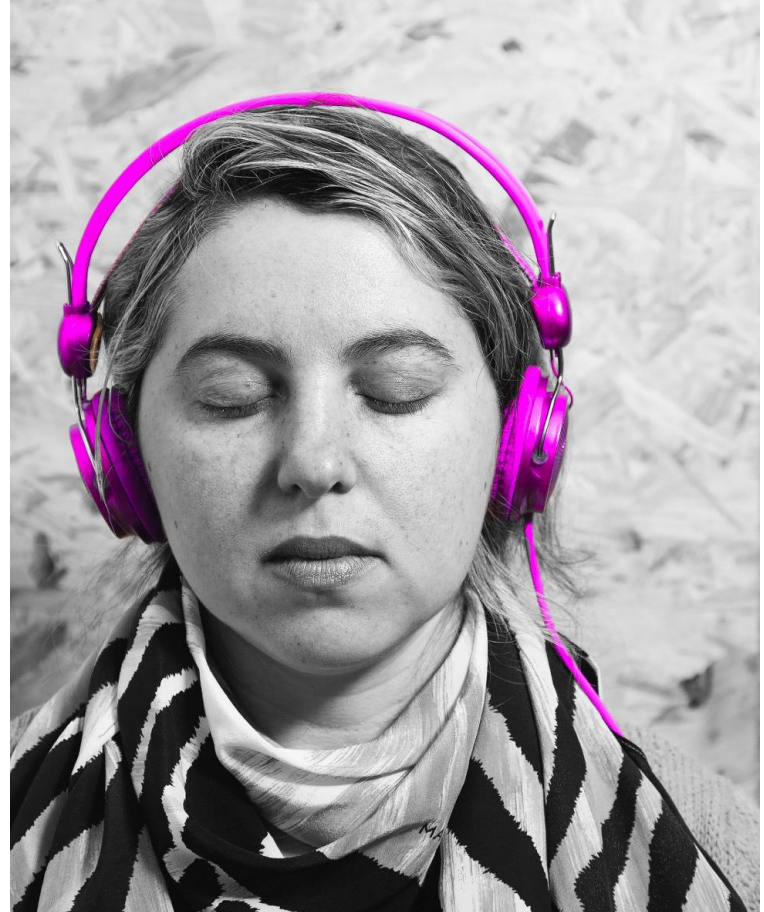


Ignatian spirituality at home



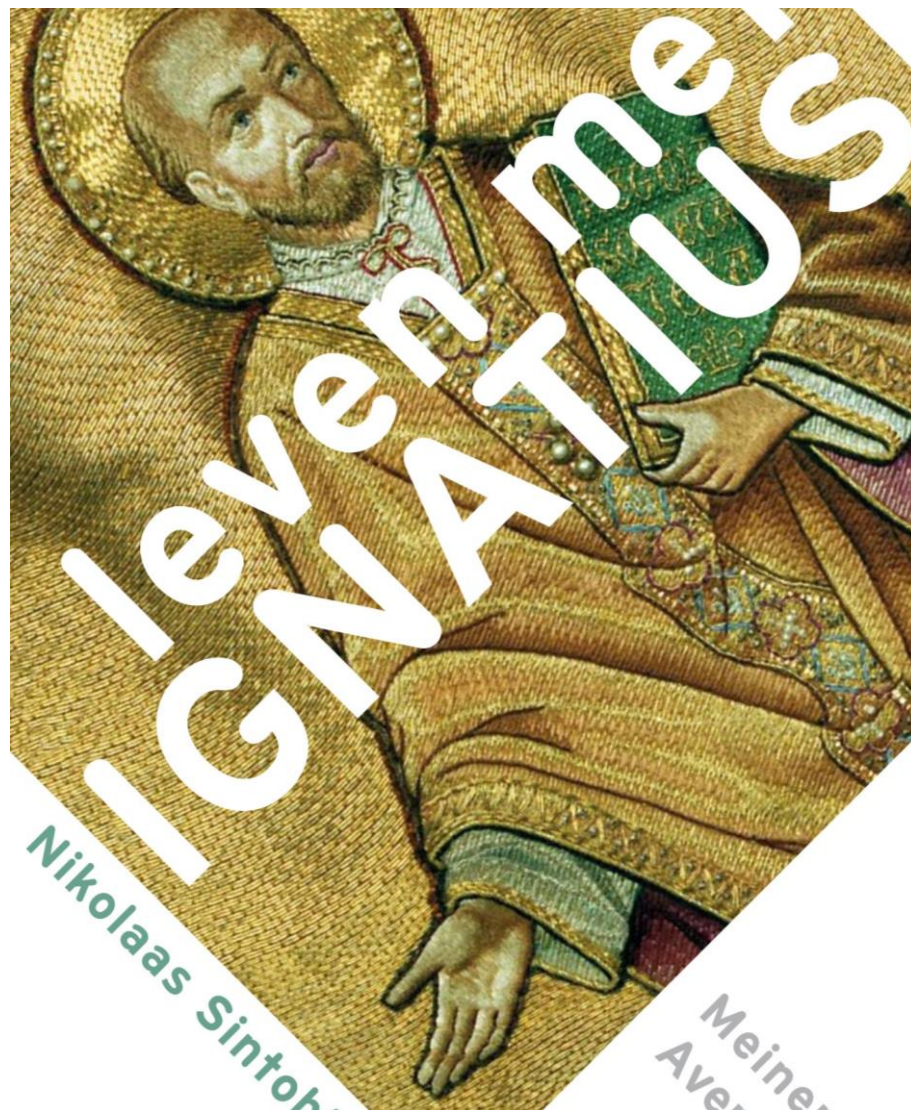
Ignatian Prayer podcast

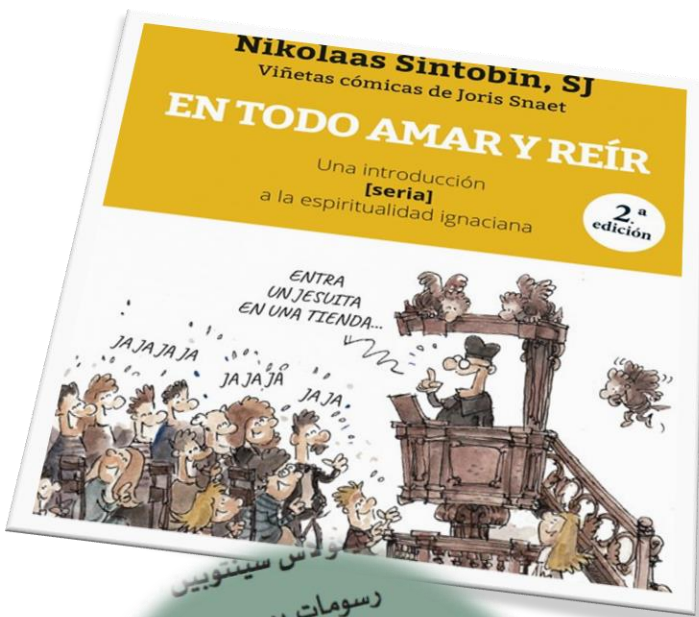
- ✓ pray-as-you-go.org
- ✓ rezandovoy.org
- ✓ prieenchemin.org
- ✓ biddenonderweg.org
- ✓ passo-a-rezar.net
- ✓ fi-tariqi-osally.org



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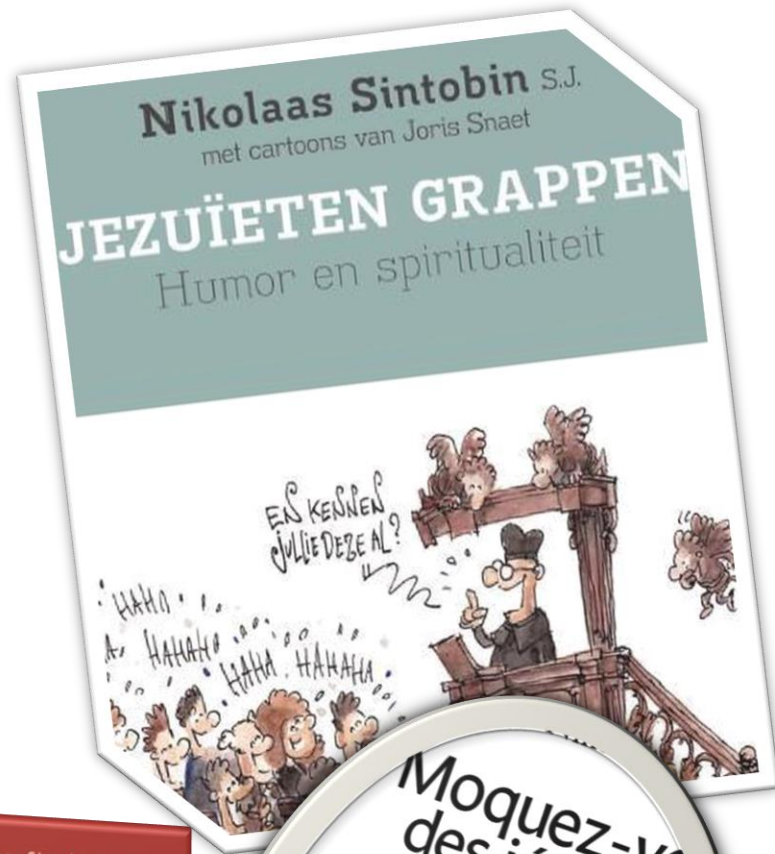
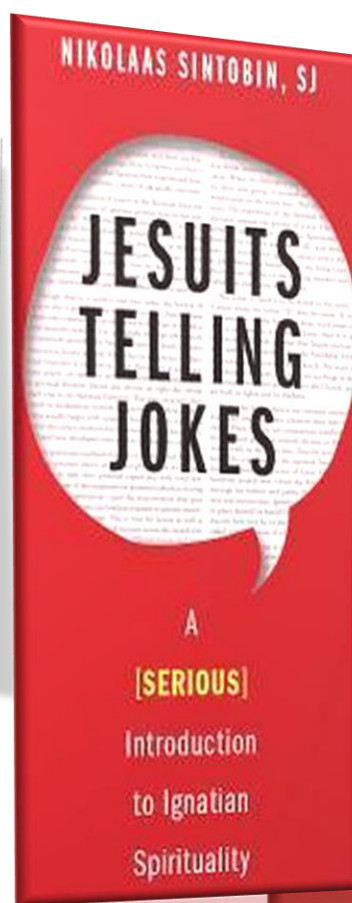
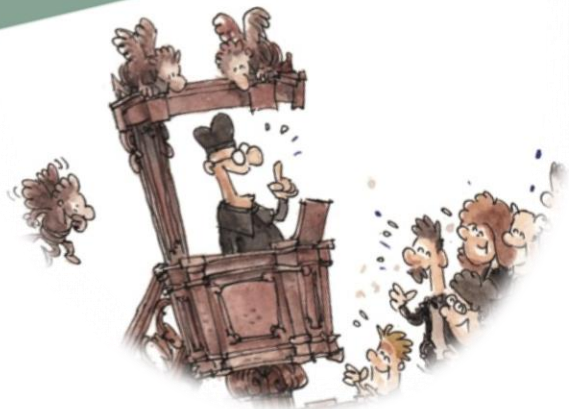
La joie, ma boussole





رسومات يوريس سنايت

نوادر يسوعیّة
مدخل [جدّي] على الروحية الإغناط



Nikolaas Sintobin

Apprendre à discerner



fidélité

A paraître aux
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