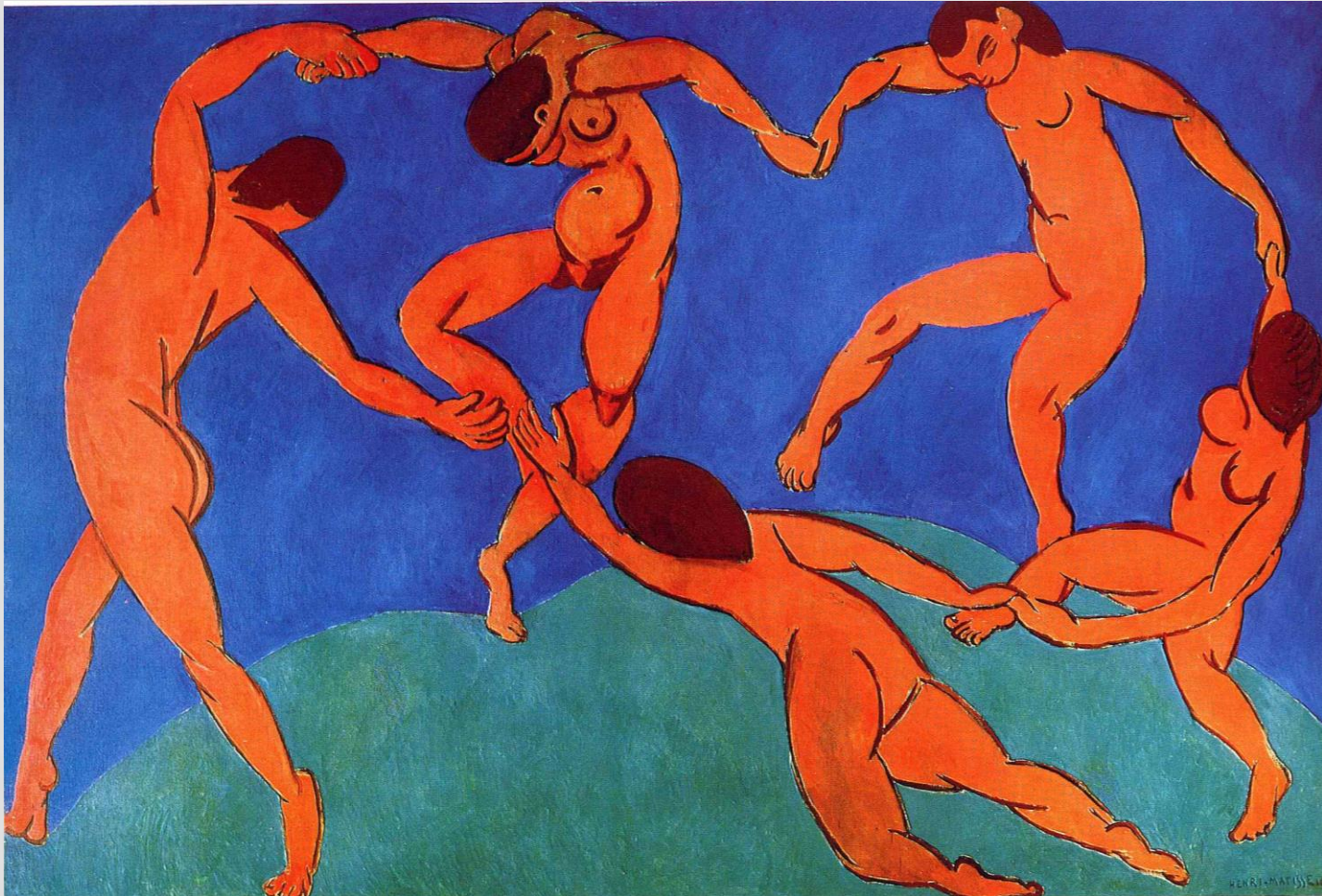


SURPRISED BY JOY





A spirituality of joy

FRANCIS ABOUT JOY

- 24th oktober 2016 -

To ask persistently for joy (1/2)

We can always improve in praying persistently for **consolation**. The apostolic exhortations *Evangelii gaudium* and *Amoris laetitia*, along with the encyclical *Laudato si*, were meant to highlight the importance of **joy**. ... the **joy** of evangelizing, the **joy** of the family, the **joy** of the Church, the **joy** of creation.

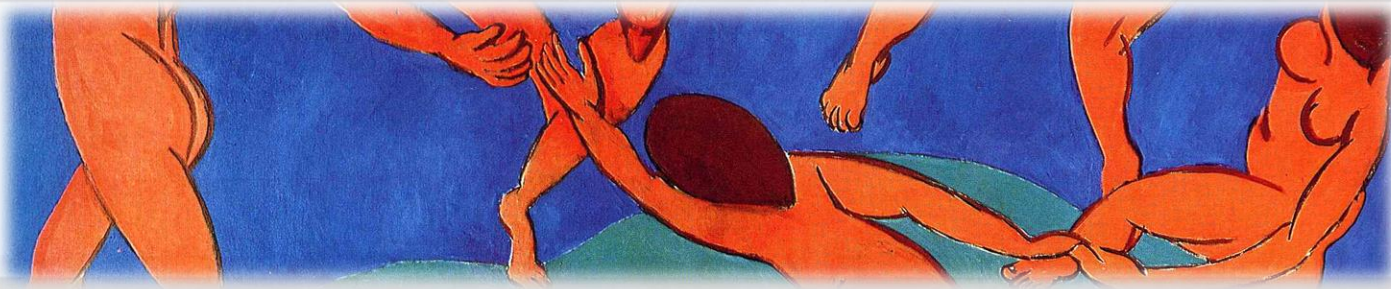
FRANCIS ABOUT JOY

- 24th october 2016 -

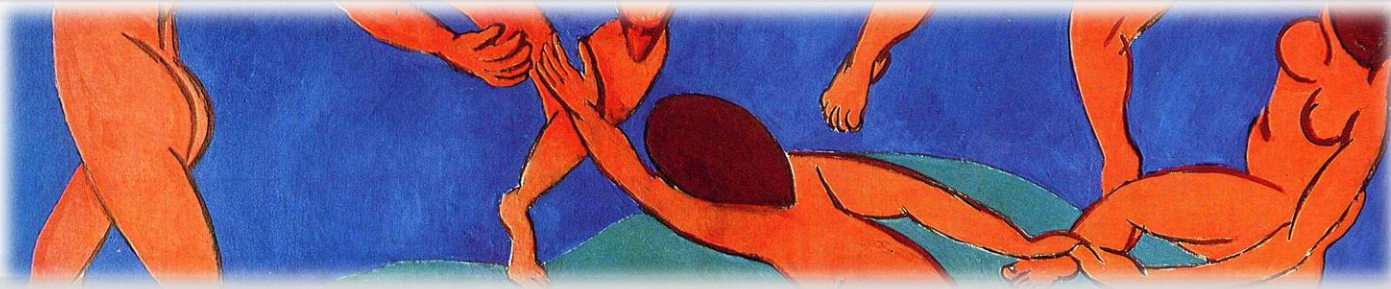
To ask persistently for joy (2/2)

(Ignatius) encourages ourselves and others “to ask persistently for God’s **consolation**”. ... to practice and teach this prayer of asking and begging for **consolation** is our main service of **joy**. ... **joy** is constitutive of the Gospel ... one cannot deliver good news with a sullen face. **Joy** is not a decorative “addition” but a clear indicator of grace: it indicates that love is active, operative, present.

Pope Francis to the 36th general congregation of the Society of Jesus, 24th october 2016



1. Joy is normal for a Christian



Under the word **consolation** I include every increase in **hope**, **faith**, and **charity**, and every interior **joy** which calls and attracts one toward heavenly things and to the salvation of one's soul, by bringing it **tranquility** and **peace** in its Creator and Lord.

Ignatius of Loyola, Spiritual Exercises nr. 316



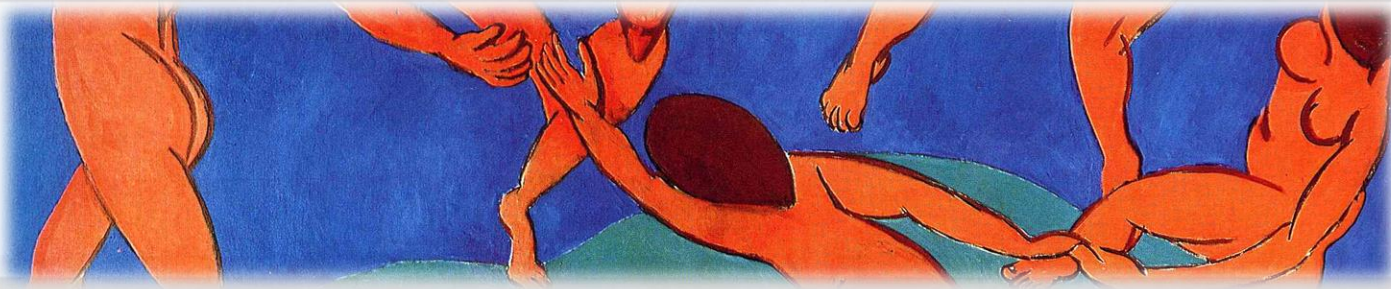
- **Affective:** fullness, desire, strength, joy, taste, peace, tranquility, tenderness, fervor
- **Rational:** understanding, opening the mind, communication, getting an answer, seeing

Pierre Favre sj (1506-1546)



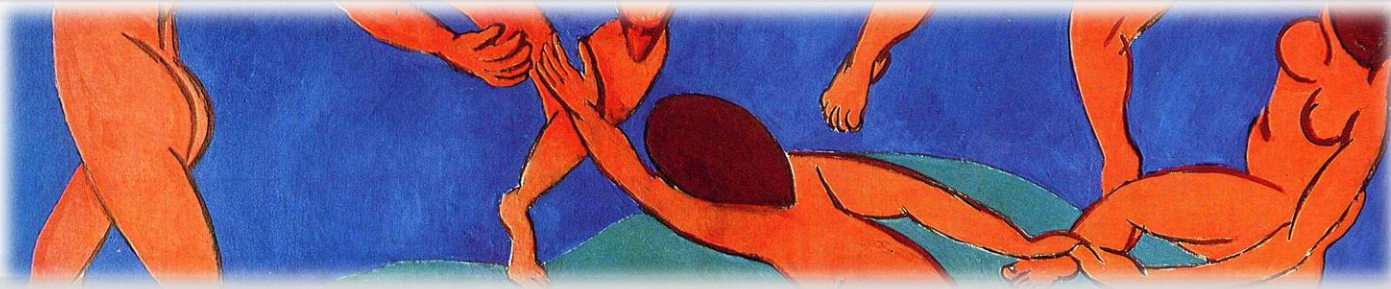
1. Joy is normal for a Christian

a. Lack of inner freedom



In the heart of the Christian there is always **joy**.
Always! ...

Tweet Pope Francis 24 february 2017



1. Joy is normal for a Christian

- a. Lack of inner freedom
- b. Witnesses

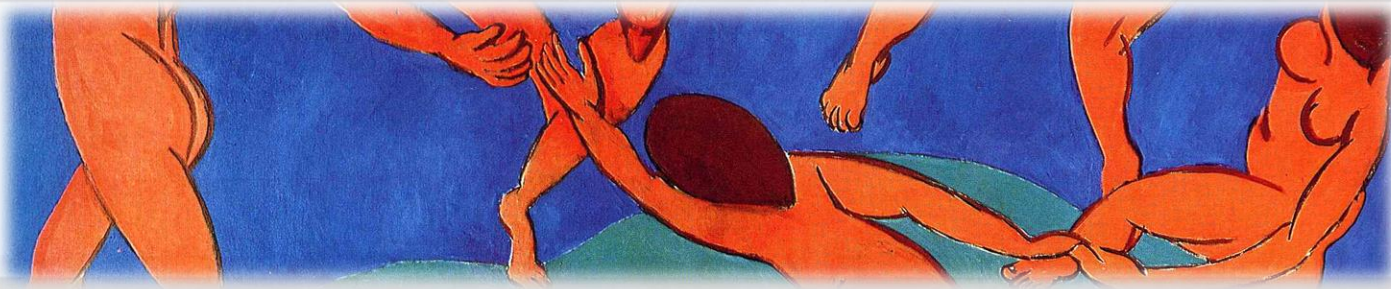


1. Joy is normal for a Christian
 - a. Lack of inner freedom
 - b. Witnesses
2. Begging for joy



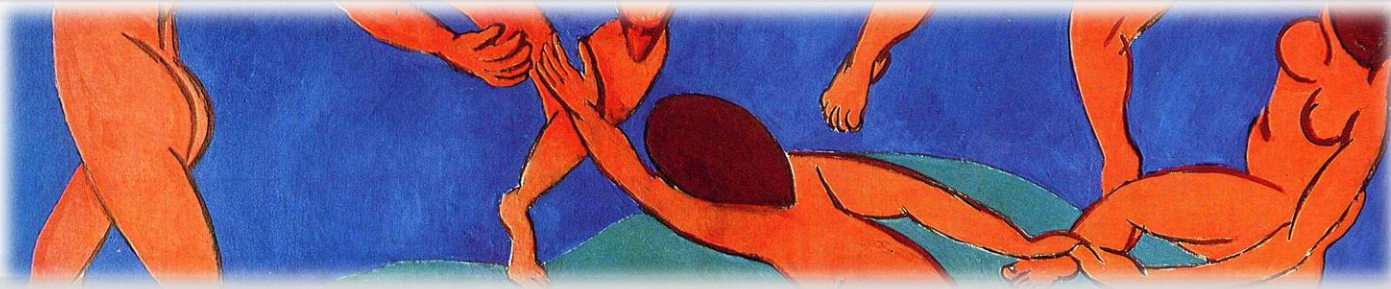
(Ignatius) encourages ourselves and others “to ask persistently for God’s **consolation**”. ... to practice and teach this prayer of asking and begging for **consolation** is our main service of **joy**.

*Pope Francis to the 36th general congregation of the Society of Jesus,
24th of october 2016*



Give me, Lord, the chastity, but not yet. I was afraid that I would be answered too soon.

Augustine of Hippo, Confessions, book VII, 8



1. Joy is normal for a Christian

- a. Lack of inner freedom
- b. Witnesses

2. Begging for joy

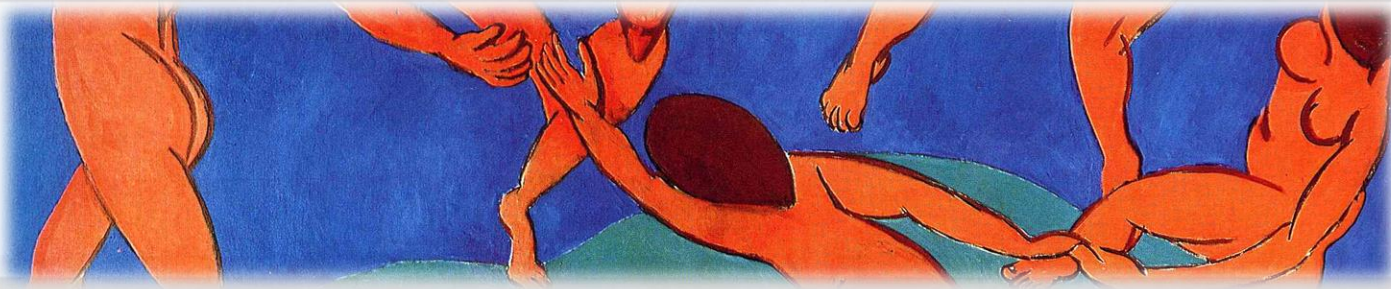
- a. The objective prayer of supplication



1. Joy is normal for a Christian
 - a. Lack of inner freedom
 - b. Witnesses
2. Begging for joy
 - a. The objective prayer of supplication
3. Evangelic orientation of joy



1. Joy is normal for a Christian
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IGNATIAN SPIRITUALITY AT HOME



IGNATIAN PRAYER PODCAST

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- ✓ passo-a-rezar.net
- ✓ modlitwawdrodze.pl
- ✓ fi-tariqi-osally.org



Nikolaas Sintobin

La joie, ma boussole

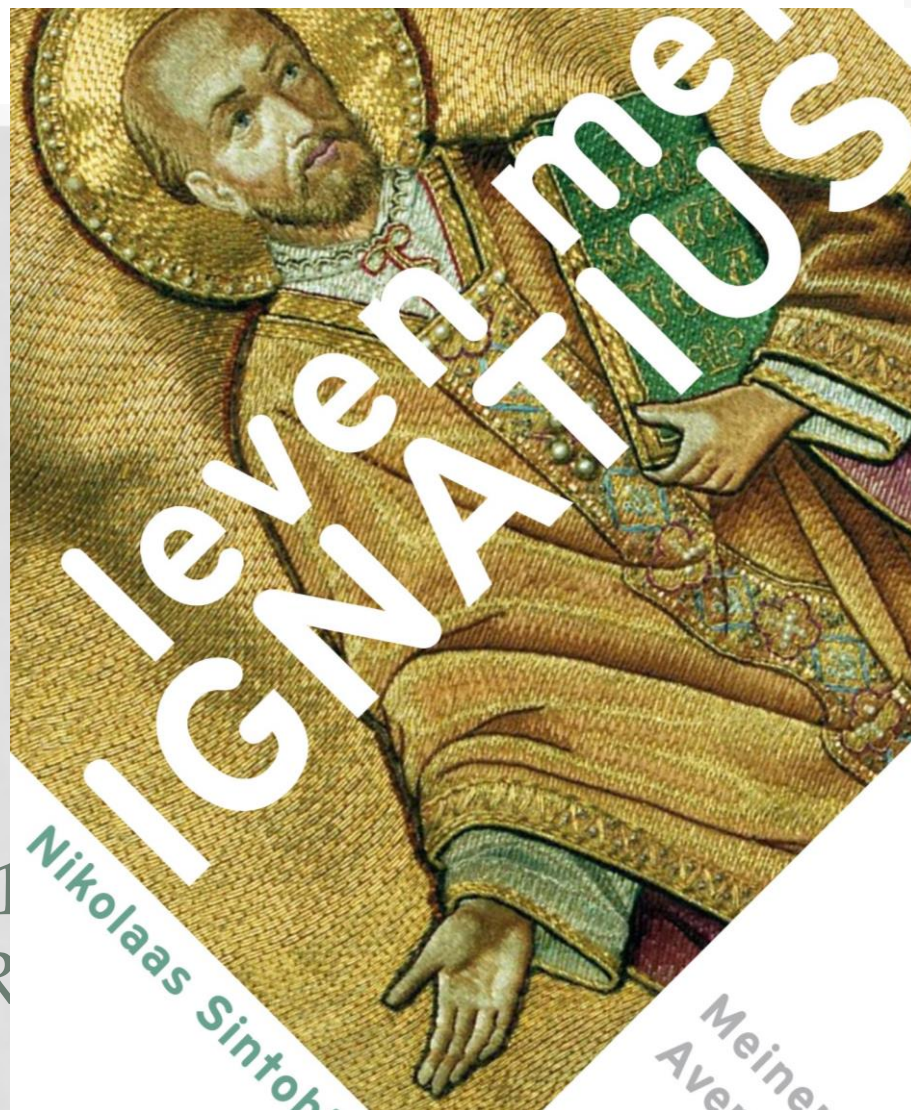


Photo : © Jaco Klamer



Après une brève carrière d'avocat, **Nikolaas Sintobin** devient jésuite en 1989. Il réside aujourd'hui à Amsterdam. Il s'est

spécialisé dans la spiritualité ignatienne et travaille à sa diffusion dans les médias en général et dans le monde numérique en particulier. Il a publié chez Fidélité *Moquez-vous des jésuites* et *La joie, ma boussole*.

L'auteur de *Moquez-vous des jésuites* aborde ici, de manière très simple et très concrète, le discernement ignatien.

Après un aperçu général sur la pratique du discernement et sur les rôles du cœur, de l'intelligence et de la volonté, l'auteur explique comment on peut pratiquer le discernement au quotidien et comment un certain type de discernement aide concrètement à faire des choix, à prendre de bonnes décisions dans sa vie. De nombreux exemples et quelques dessins illustrent le propos.

Destiné à un large public, cet ouvrage ne présuppose aucune connaissance préalable.

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